

Angie

**TAKE  
THE LEAD**  
ST. GEORGE

STOP BUDGETING  
*lisa* CHASTAIN

**Craft a Purpose-Driven Life You're  
Proud to Lead - April 24, 2025**

8:30 - 9:00

Check-in + Light Breakfast

9:00 - 9:30

Welcome + Networking + Ice Breaker

9:30 - 10:15

**Permission Granted:** NY Times Best-Selling Author, former Marine Captain, and executive coach **Angie Morgan** will teach us how to start betting on ourselves and taking risks in our lives.

10:15 - 10:30

Break

10:30 - 12:00

**Stop Budgeting. Start Living:** Money expert, author, and coach **Lisa Chastain** will guide us in discovering how we can stop budgeting, redefine our relationship with money, and build strong financial lives.

12:00 - 12:45

Lunch

12:45 - 1:30

**Panel Discussion:** A candid discussion with prominent St. George women on "**How She Does It**" in order to live a harmonized, fulfilling life, led by K2 Consulting Founder **Kathy Kobe**

1:30 - 2:30

**Meet Your Future Self:** Business strategist and influencer **Kristen Day** will lead us through a powerful exercise designed to get us thinking about our lives in four important areas: Happiness, Legacy, Achievement, and Significance.

2:30 - 2:45

Break

2:45 - 3:00

**Networking Exercise**

3:00 - 3:30

**Luminary Presentation**

3:30 - 4:00

Close + Toast